



Barossa, Light and Lower Northern Region Regional Public Health Plan (DRAFT)

The Councils of Adelaide Plains, Barossa, Gawler, and Light have prepared the draft Barossa, Light and Lower Northern Region Regional Public Health Plan and invite your feedback.

The draft plan has been developed using early input gathered from community and stakeholders in May 2021. It establishes three collaborative regional lighthouse projects to address the top regional challenges for public health in the Region.

This document provides a summary of the key directions of the draft plan. The full draft plan can be viewed at the website address below.

Public consultation is open until 5pm 7 March 2022 at www.gawler.sa.gov.au/your-voice

Top regional challenges

Encouraging healthy lifestyles

Access + inclusion

Improving mental health psychological stress

Youth engagement wellbeing

Supporting an ageing population

Our regional lighthouse projects

REGIONAL PROJECT 1

Community transport, cycling + walking

REGIONAL PROJECT 2

Mental health + suicide prevention

REGIONAL PROJECT 3

Community participation project

Regional 'lighthouse' project 1 - Community transport

Objective

To improve health and wellbeing and access to community destinations through targeted improvements to local walking and cycling routes

To improve transport to community centres and local services through exploring establishment of regional community passenger network and shared purchase and operation of a community bus

To advocate for improved public transport

Actions

- Map existing cycle and walking routes across the region and identify priority areas in each council to enhance connectivity, amenity, comfort and access for all ages and abilities
 - Design and implement improvements in each council including exploring government funding, regional signage and promotion, and community event partnerships
 - Undertake a feasibility study for the shared purchase of regional community transport bus and explore a model for shared use
 - Undertake a feasibility study for the establishment of an east-west passenger service to complement existing Community Passenger Networks in the region
 - Consider and implement recommendations
 - Develop a shared approach to strategically advocate for improved public transport
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Potential Partners

Public Health Partner Authorities, Heart Foundation, Bike SA, Walking SA and local walking and cycling groups, Active Living Coalition, Disability advocacy or service providers, Community Passenger Networks in the region.

Regional 'lighthouse' project 2 – Mental health + suicide prevention

Objective

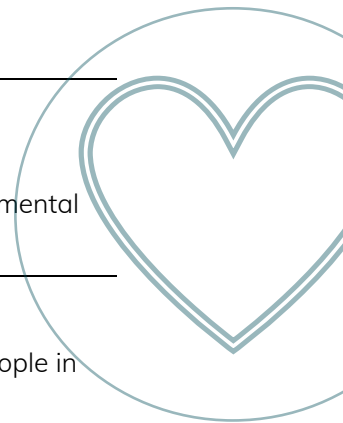
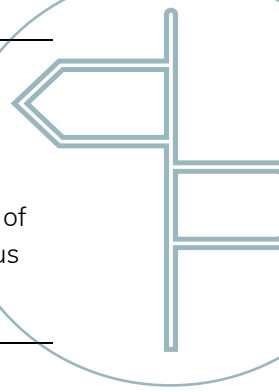
To support positive mental health outcomes and help prevent suicide through providing information, connecting people with support and exploring the establishment of a mobile mental health check-in van to visit towns across the region

Actions

- Deliver training to frontline council staff and volunteers to enable them to recognise people in mental or suicide distress and connect them with appropriate support
 - Determine a regional model for the provision of mental health support information in council centres
 - Explore expansion of the Barossa Cares online mental wellbeing hub across the region
 - Undertake a feasibility study for establishment of a shared mobile mental health check-in van to visit towns across the region
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Potential Partners

Public Health Partner Authorities, Premiers Council for Suicide Prevention, Suicide Prevention Networks in the region, Mental health support services



Regional 'lighthouse' project 3 - Community participation

Objective

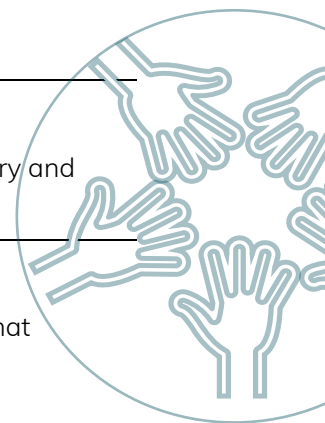
To improve the wellbeing and capacity of people of all ages and abilities through the delivery and promotion of regional community participation programs

Actions

- Explore establishing a regional volunteering, mentoring and work experience program that supports intergenerational learning and skills development
- Develop a model for the regional promotion of programs, facilities and services
- Establish a list of community resources (spaces, programs, people to assist, tools) available across the region
- Explore expansion of the Gawler Youth Space Model across the region to provide training and activities in satellite centres as well as sponsorship programs across the region
- Explore the feasibility of a new community "centre" being established based on need and partnership support (eg. shared women's shed program or a new community centre as part of the Local Health Network)

Potential Partners

Public Health Partner Authorities, Community Centres SA, Volunteering SA, Aboriginal and multi-cultural groups and organisations



Ongoing services, programs and plans

The focus of action for this plan is the three regional lighthouse projects. However, the plan acknowledges that each council will also continue to deliver its own ongoing services, programs and plans to address its unique situation

Access and inclusion

- Disability Access and Inclusion Plans
- Reconciliation Action Plans
- Community transport services

Drugs and Alcohol

- Local Drug Action Teams and Alcohol and Drug Foundation resources

Recreation and sport

- Walking and cycling plans
- Recreation and open space plans and facilities

Community participation

- Gawler Youth Space
- Community centres and libraries
- Community grants and programs
- Volunteer services

Public health prevention and regulation

- Public health inspections and regulation
- COVID-19 response
- Animal management/pest control
- Local nuisance
- Immunisation

Mental health

- Barossa Cares
- Suicide prevention networks

Climate change and emergency management

- Climate Change Adaptation Plans
- Emergency Management Plans

Ageing well

- Commonwealth Home Support Program
- Seniors Collaborative Action Project

Planning and advocacy

- Planning policy and assessments to encourage new development that supports public health outcomes (eg. climate resilience and accessibility and affordability)
- Advocacy to State and Federal Governments for improved regional provision of health and transport services and social housing